

Bloomington Ice Center

Adult Hockey League Rules

Rules:

- 1) All AHA and USA Hockey rules apply with the exceptions listed below.
- 2) All players must be registered and have paid the appropriate fees before going on to the ice. No substitute players are allowed. Any team using a non-rostered player will forfeit the game 1 – 0.
- 3) All players must wear their team jersey/pullover with the same number as it appears on the roster.
- 4) Full equipment is required for ages 17 and under. For ages 18 and over full equipment is highly recommended. The minimum required for ages 18 and over is helmet (facemask is optional), shin pads, elbow pads, hockey gloves, stick, and athletic cup and supporter.
- 5) No player may take off his/her helmet or raise their facemask while on the ice or in the bench area.
- 6) No one may assume the role of playing goalie without wearing all the appropriate goalie equipment.
- 7) Each team must designate a team captain, who will be responsible for notifying his team of any schedule changes or player suspensions.
- 8) If multiple divisions are offered for the league, Bloomington Ice Center reserves the right to place players in the appropriate division.
- 9) All complaints and suspensions will be handled by the Bloomington Ice Center Asst. Manager/Hockey.
- 10) Slapshots are allowed in full ice league play.
- 11) All calls made by on ice officials are not reversible.
- 12) This is a NO CHECK league. Any player making unnecessary contact while not playing the puck will receive a minor penalty for his first offense. A second offense in the same game will result in Game Ejection.
- 13) Fighting is unnecessary at this level of play. Players who receive a major fighting penalty will receive a Game Misconduct penalty. The player will have to sit out the rest of that game and the next three scheduled games. A player that receives a second major fighting penalty during the same session (i.e., winter) will be suspended from the league and any subsequent sessions (i.e., springs/summer/fall).
- 14) Players that try to provoke, display intent to fight, and/or drop their gloves will receive a Game Ejection and will sit out the rest of the game.
- 15) On ice officials may impose a Game Ejection or Game Misconduct penalty for any improper conduct or language towards an official or another player during the game.
- 16) Any player that receives a third minor penalty in the same game will automatically be given a game ejection. The player will not be allowed to play the rest of the game. Upon receiving the third minor penalty, the player must immediately leave the ice. The minor penalty will be served by a teammate. A game ejection is not a game misconduct and carries no penalty beyond the game the three penalties occurred in.
- 17) Any player receiving a second Game Ejection during the same session will be suspended for the next game. A third Game Ejection will result in suspension from the league and any subsequent sessions.
- 18) All player suspensions carry over from one session to the following session.
- 19) Bloomington Ice Center reserves the right to add supplemental penalties and discipline for any acts of unsportsmanlike conduct.
- 20) No refunds will be given for games missed due to suspensions or expulsion from the league.
- 21) No alcohol is allowed within the Bloomington Ice Center, including locker rooms and benches.
- 22) No smoking, vaping, or use of chewing tobacco is allowed within the Bloomington Ice Center.
- 23) Any player who appears to be intoxicated maybe be asked to not play their scheduled game.

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Adult Hockey League Schedule and Format

Format:

- 1) 1 hour and 5 minute game slots, 3 minute warm up, three 13 minute stop time periods with no timeouts, and 1 minute between each period. The clock will run in the third period if there is a 5 or more goal differential. It will only stop for goals, penalties, and injuries.
- 2) 2 minute minor penalties, 5 minute major penalties.
- 3) Game Ejection – out for the rest of the game.
- 4) Game Misconduct - out for the rest of the game and the next game.
- 5) Fighting - out for the rest of the game and the next three games.
- 6) Two on ice officials and a timekeeper.

Schedule:

- 1) Game schedule will be sent through email after the evaluation game after teams are drafted.
- 2) Games can start 15 minutes early if the ice is ready.
- 3) 1 evaluation game, (After the evaluations, teams will be formed).
- 4) 10 game team schedules, (some weeknight games will be needed)
- 5) 2 playoff games.