# BLOOMINGTON ICE CENTER

# Learn to Skate Ages 2+

The Bloomington Ice Center presents a Learn to Skate hybrid program creating a fun environment for skaters to learn new and challenging skills! Our program is designed to develop skaters of all ages as they progress through each level to reach their goals!

# Pre-School Ice Explorers Ages 2 - 5

Join us for a fun introduction to the ice with helpful direction from our instructors. Skaters will participate in coloring activities, fieldtrips around rink and on-ice obstacle courses.

# Tots 1-3 Ages 3-5

The tot program is designed to introduce basic skating skills to young skaters through a safe and controlled atmosphere using on-ice games and activities. Skaters will learn 2-foot glides, dips, 2-foot hops and introduced to backwards skating! \*Skaters who have passed Tot 1 may move to the Learn to Play program!

# Blades 1 - 6 Ages 6 - 14

The Blades program is designed for skaters to learn the essential skills for ice skating. The six-level curriculum introduces the fundamental moves: forward skating, backward skating, stops, edges, crossovers, turns and jumps. Upon completion of the Blades program, skaters will have knowledge of the sport, enabling them to advance to more specialized areas of figure skating. \*Skaters who have passed Blades 1 may move to the Learn to Play program!

# Jump & Spin: Level 1 - 3:

# Pre-requisite: Blades 6

(Participants must wear freestyle skates) Ages 6 + Skaters will learn basic freestyle elements, jumps, spins and spirals in a group lesson.

### Teen/Adults

Ages 14 + Designed for the beginner teen/ adult skater to promote physical fitness, balance, and coordination. The class is divided into four levels, adult skaters will progress at an individual rate while being challenged and motivated.





# Learn to Skate Ages 2+ LEARN TO SKATE SUMMER SESSION SCHEDULE

Class	Dav	Session 1	TimeFee
			10:00 AM -10:40 AM \$65
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Tots 1 - 3	Tues	6/27 - 7/25 (not 7/4)	5:30 PM - 6:00 PM \$50
Tots 1 - 3	Wed	6/28 - 7/26	5:00 PM -5:40 PM \$65
Tots 1 - 3	Thurs	6/29 - 7/27	5:00 PM -5:30 PM \$60
Tots 1 - 3	Sat	7/8 - 7/29	10:10 AM -10:50 AM \$55
			6:00 PM - 6:30 PM \$50
			5:00 PM - 5:40 PM \$65
			5:30 PM - 6:10 PM \$65
Blades 1 - 6	Sat	7/8 - 7/29	9:20 AM - 10:00 AM \$55
		. ,	5:00 PM - 5:45 PM \$52
Teen/Adult	Tues	6/27 - 7/25 (not 7/4)	5:45 PM - 6:30 PM \$52
			5:30 PM - 6:00 PM \$50
Jump & Spin	Sat	7/8 - 7/26	9:20 AM - 10:00 AM \$50
Specialty Classes	TD1	(100 7107	0.20 134 0.50 134
			9:20 AM - 9:50 AM
			5:00 PM - 5:30 PM \$55
Create a Routine	Sat	//8 - //29	8:40 AM - 9:10 AM \$89
			TimeFee
			5:30 PM - 6:00 PM \$60
			5:00 PM - 5:40 PM \$65
			5:00 PM - 5:30 PM \$60
Tots 1 - 3	Sat	8/5 - 8/26	10:10 AM -10:50 AM \$55
D1 1 1 6	TD	0/1 0/20	( 00 D) ( ( 20 D) ( ( 00)
			6:00 PM - 6:30 PM
			5:00 PM - 5:40 PM\$65
			5:30 PM - 6:10 PM\$65
Blades 1 - 6	Sat	8/3 - 8/26	9:20 AM - 10:00 AM \$55
Toon/Adult High	Tues	9/1 9/20	5:00 PM - 5:45 PM \$65
2			5:45 PM - 6:30 PM\$65
recii/ Adult	1 ues	0/1 - 0/40	\$03
Jump & Spin	Tues	8/1 - 8/29	5:30 PM - 6:00 PM \$60
			9:20 AM - 10:00 AM \$50
Jump & Spill	Dat	0/3 - 0/20	





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Specialty Classes

# **Speciality Classes**

# **Spin Variation Class**

(Pre-requisite: Pass Jump & Spin Level 3)
Skaters will take the basic spin positions (upright, sit, camel) they have mastered and enhance them into spin variations and combinations. These variations are vital to skaters wanting to compete in IJS and develop their spins!

## **Create a Routine**

(Pre-requisite: Blades 2/Tots 3)

For skaters wishing to take the skills they have learned in group class and develop them into solo programs! This program is geared towards skaters who do not have a private coach but are looking for the opportunity to learn routines and perform! Skaters must be enrolled in group LTS classes to take advantage of discount class fee.

# **Off-Ice Jump Class**

Who says you need ice to work on skating jumps? Come join us on the rink slab over shutdown for an off-ice jump class! Skaters will run through a circuit of stations to work on jump height, quickness, and rotation! Each week every skater will have the opportunity to use the harness! Please wear athletic clothing, sneakers and bring a bottle of water to class.

# **Theatre on Ice Team – Bloomington Pops**

(Pre-requisite: Blades 3) Tues. 5:00 PM - 5:30 PM Session: 6/27 - 8/29 Fee: \$90.00

Theatre on Ice uses all aspects of figure skating to incorporate a theme, emotion, and storyline, enhanced by music.

All participants must be a basic skills member of USFS, \$21.00 yearly fee in order to participate in performances.

Skaters will learn and refine routines that will be performed at special events!

Additional fees will apply for costumes. \*Payment plans available online!

# Figure Skating 'Camp Sub-Zero' The Coolest Camp in Town

The Bloomington Ice Center will be hosting the 9th annual summer skating camp! This 5-day camp will focus on: onice jump, spin technique, edge quality, and off ice jumping! Your child will take part in a afternoon of on-ice and off ice instruction camp with Bloomington Ice Center's professional coaching staff! Your skater will also receive a ½ hour of freestyle practice from 2:50-3:20pm, and camp T-shirt.

When: Mon - Fri 8/7 - 8/11

Time: 12:30 PM – 3:30 PM (Drop off and pick-up at Ice Center)

Fee: \$150.00 Level Requirements: Blades 3/4 and up Enhance your skating progress and experience by signing up for our Olympic Medal Packages! The more you skate, the more you save and quickly develop your skating skills!

Please contact Lindsay Danner ldanner@cityblm.org
to receive package discounts! Enrollment must be in the same
session to obtain discount.

Bronze - 10% Off - When you enroll in 2nd group or specialty classes

Silver - 15% Off -When you enroll in 2nd & 3rd group or specialty classes

Gold - 20% Off When you enroll in 4 group or specialty classes

# Helpful Learn-to-Skate Information

Arrive at the rink 15-20 minutes early to collect your rental skates and prepare for your lesson. Bloomington Ice Center skate rental employees will assist you with proper sizing.

Please make sure young children use the restroom before class starts.

Wear long pants (no shorts), jacket or sweater, socks, and gloves or mittens. Dress in layers of clothing.

Clothes should not restrict movement.

Helmets (bike, hockey, etc.) are strongly recommended for children under six, and should have a snug fit.

Classes will only be made up if the rink cancels a class. Bloomington Ice Center Learn-to-Skate staff reserves the right to cancel any class, combine classes, change instructors on any class and move students to a different class level based upon instructor evaluation.

