

Bloomington Parks & Recreation Co-Ed Volleyball League Rules

Revised: December 2022

ROSTERS

- Teams limited to 12-person roster. Roster must be submitted before first match. If roster drops below 6, players may be added at the discretion of the Athletics Program Manager. Otherwise, rosters are frozen at the end of the third week of play. Managers may add/drop players through the third week of play by emailing the Athletics Program Manager.
- Players may sign rosters to play in more than one league, but may not sign more than one roster per league. No more than two (2) intermediate or advanced level players may play on any recreational level team.
- Players must be 16 years of age and older.
- If the team manager knows that they will be short players and forced to forfeit their match, please make an attempt to notify the Athletics Program Manager at least several hours before the scheduled match. If a team is forced to forfeit more than 2 matches, they may be removed from the league.

GAME

- Teams may play with no more than six (6) players on the court at one time. There must be at least one male and one female player on the game court during match play. No more than four (4) men or women may play on the game court at one time. However, if there is only one woman on the court, no more than three (3) men may play on the game court. Teams are able to start & finish game play with four (4) or five (5) eligible players on the game court. Less than four (4) players will constitute a forfeit of the match.
- Matches are not officiated and will rely on the teams to make their own calls. The Volleyball Site Supervisor(s) on duty will keep score of all matches if schedule allows.
- Rally scoring will apply to all games. A match will consist of the best 2 out of 3 games. First two games to 25 points (must win by 2 points, 27 point maximum). If match goes to a third game, game played to 15 (win by 1 point).
- Game format will allow for let serves (any serve that crosses the net between the antennas and lands in a playable area - even if it touches the net).
- IHSA Rules will be followed with the following exceptions: Open handed hits with an upward lifting motion will be allowed only if the contact with the ball is momentary.
- Blocking a ball which is entirely on the opponent's side of the net is permitted when the opposing team has had an opportunity to complete its attack. The attack is considered complete when the:
 - a. attacking team has completed its three allowable hits;
 - b. attacking team has had the opportunity to spike the ball or directs the ball with the intent to return it to the opponents court;
 - c. ball is falling near the net and no member of the attacking team could make a play on the ball;
- Legal contact is a touch of the ball by any part of the player's body which does not allow the ball to visibly come to rest or involve prolonged contact with a player's body.

- The team listed first on each week's schedule will start with serve. They will also serve game #3 if necessary. Teams will change sides after games #1 and #2.
- Matches are scheduled to start every 45 minutes with start times beginning at 6:00 until 9:00. If a match ends in two sets, teams may choose to keep the court and play around, but must vacate the court before the scheduled start time of the next match. Matches that go to 3 games will not have this time constraint. *Please arrive in time to be prepared to start your match at the time listed on the schedule!*
- If it appears that a team is not encouraging female participation (only the men are playing on the ball), the site supervisor may stop the game and issue a warning before implement the following rule for the remainder of the match applicable only to the specific team: "Women must hit the ball one of two, or one of three hits."

LEAGUE

- League standings will be based upon 1) matches won & lost, 2) head-to-head match record, 3) head-to-head games won, and 4) head-to head-point margin differential.
- The Competitive League will feature a 9-match regular season followed by a single elimination tournament. See schedule for more details. Only the top 8 teams will make the tournament. Though teams #9 and #10 will not make the tournament, they will be scheduled to play each other for one additional match. All matches during regular season will take place on Court #1, which is the court immediately inside the gym's entrance.
- The Recreational League will feature a 10-match regular season followed by a single elimination tournament. See schedule for more details. **NOTE: we will play on two Thursday nights as well, so please plan accordingly.** Only the top 9 teams will make the tournament. Though teams #10 and #11 will not make the tournament, they will be scheduled to play each other for one additional match. All matches during regular season will take place on Court #2, which is the court nearest to the gym's stage.
- **Any Tuesday evening matches that are cancelled due to weather will be scheduled to be made up on the following THURSDAY (gym schedule permitting).** Example: If matches on January 17th get cancelled due to weather, we will make them up on Thursday, January 26th (same times, same opponents).
- In case of inclement weather, call the BPRCA Hotline at 434-2386 or check our Bloomington Parks & Recreation Facebook page for announcements. We will do our best to revise the schedule to account for any weather-related cancellations.
- This is a recreational league meant to be FUN! While we all like to get our competitive juices flowing, please keep in mind that good behavior and quality sportsmanship is expected! Unsportsmanlike behavior, profanity, intoxication, or just overall general inappropriateness within a school/family environment will be grounds for dismissal from the program.
- Matches are played at: Pepper Ridge Elementary School - 2602 Danbury Drive

Please Note: This is an adult league but open to families to attend and spectate. However, if children are brought to the games, they must be supervised at all times. Failure to do so could result in game forfeiture. All spectators must remain in the gym (unless using the bathroom) at all times. There is to be no roaming the halls or use of any school property/equipment.