

# **Special Opportunities Available In Recreation**

Office Address: 115 E. Washington, Bloomington, Illinois 61701 Mailing Address: PO Box 3157, Bloomington, Illinois 61702-3157 (309) 434-2260

Consolal Events

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#### What is S.O.A.R.?

S.O.A.R. is a community therapeutic recreation program serving individuals unable to successfully participate in traditional recreation programs. Leisure, social and developmental skills are emphasized to promote the highest level of recreation participation possible. S.O.A.R. is jointly sponsored by the City of Bloomington and Town of Normal Parks and Recreation Departments.

Most individuals with disabilities are eligible to participate in S.O.A.R. activities. Persons from youth to adults who are in special education classes, workshops, nursing homes or who have leisure needs not met by traditional recreation programs are eligible. This includes individuals with developmental, physical or learning disabilities; sensory, genetic or behavior disorders; autism or emotional difficulties.

#### **Mission Statement**

The S.O.A.R. program exists to maintain and enhance the quality of life for individuals with disabilities through comprehensive, specialized recreation programs, activities and special events.

#### **Americans With Disabilities Act**

Special Opportunities Available in Recreation (S.O.A.R.) will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of services, programs or facilities to individuals with disabilities. S.O.A.R. will make reasonable accommodations in recreation programs to enable participation by an individual with a disability who meets essential eligibility requirements for that program. The ADA requires that recreation programs offered by S.O.A.R. be available in the most integrated setting appropriate for each individual. Call (309) 434-2260 if you have any questions about the S.O.A.R. policy regarding the ADA or believe you have been unfairly discriminated against by S.O.A.R.

#### **Questions/Information**

Please contact the S.O.A.R. office with any questions regarding eligibility, registration procedures, scholarships, transportation or the S.O.A.R. program in general at (309) 434-2260. TDD for the hearing impaired at (309) 829-5115. Fax: (309) 434-2483. Web site address is www.bloomingtonparks.org/soar. Hotline: (309) 434-2386.

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#### **Special Infomation**

#### **Inclusive Programs**

S.O.A.R. recognizes that every individual with special needs and abilities does not always require a S.O.A.R. program. The S.O.A.R. staff are available to assist and advise participants concerning appropriate placement in S.O.A.R., Bloomington and/or Normal Parks and Recreation Department programs. S.O.A.R. staff will contact the appropriate recreation department staff and work with the instructor to assure the participant a smooth transition if they wish to be integrated into a recreation department program.

#### **Program Legend**



= door-to-door transportation offered



= participant will need to bring money to program

#### **Full-Time Staff**

# Nicole Kohler, CTRS - Program Manager nkohler@cityblm.org

Special Interest Programs, Registration, Financial Assistance, Cultural Arts Programs, Special Event Programs, Transportation

# Maggie Rutenbeck - Program Manager mrutenbeck@cityblm.org

Volunteers, Summer & Saturday Day Programs, Mailings, Fitness/Sports Programs, Special Olympics Programs

#### **Seasonal & Part-Time Staff**

S.O.A.R. is fortunate to have a number of qualified and talented seasonal and part-time staff. Thank you to the following winter/spring session staff for their continued support, dedication and fine work!

Julia Bates
Rachel Cipich
Bob Clark
Sally Clark
Bri Clingan
Katie Clothier
Ritchie D'Costa
Sharon D'Costa
Tom Dittmer
Doug Dowell
Will Dowell
Michele Evans
Sharon Heidloff

Miranda Henson
Larry Kotowski
Linda Kotowski
Randi Meyer
Skye Mounce
Annabel Petersen
Holly Polley
Larry Quanstrom
Mark Rutenbeck
Morgan Seberger
Rachael Shropshire
Julie Smith
David Suarez

Eric Velling

#### Attire at S.O.A.R. Programs

Participants should dress comfortably for all programs and special events. Please keep in mind what the weather is like, if the program will be held inside or outside and what the program will involve. Wear clothes that can get dirty and stained to all craft and cooking programs. Sometimes accidents happen and new/good clothes can get ruined! Dress for activity and comfortable movement in all Special Olympics, sports and exercise programs. Athletic shoes and athletic clothing are required. Do not wear blue jeans to any sports programs or practices! Special attire requirements are often suggested in memos sent out for special events.

#### **Volunteers in Action**

S.O.A.R. uses a wide variety of volunteers to assist in weekly programs and special events. Volunteers help with program activities and events and work closely with participants to provide an enjoyable and quality leisure experience. Past volunteers have been community residents, college students and community service groups. Thank you to all the individuals who helped make the fall program session a success by volunteering their time to assist with one or more programs. S.O.A.R. is currently accepting volunteers for summer programs. If you are interested in volunteering, please call (309) 434-2260.

#### **Medication Dispensing**

S.O.A.R. staff may dispense medication to participants during extended programs and trips. In order for S.O.A.R. staff to do this, a parent/ guardian will need to complete a medication dispensing form and complete a dispensing procedure each time medication is needed. S.O.A.R. staff may not perform an injection or any other medically or physically invasive procedure. Please call the S.O.A.R. staff at (309) 434-2260 if you have any questions or would like a copy of any of these forms: permission for medication dispensing, medication dispensing procedures and invasive procedure policies.

#### **Photo Policy**

On occasion, S.O.A.R. staff may photograph or videotape participants at programs, special events and facilities. These photos are for S.O.A.R. use only and may be used in publications, brochures, Facebook, pamphlets, flyers or video productions. If you do not want your photo published contact Maggie or Nicole.

#### **Insurance**

Individual accident and medical insurance for program participants is not provided by S.O.A.R., Bloomington or Normal Parks and Recreation Departments.

#### **Staff Ratio**

S.O.A.R. currently staffs most programs with one staff to every four participants. If a participant will need more assistance or won't be able to participate within this structure, please let staff know at registration so appropriate staffing may be secured (if possible). Please note in brochure write ups any exceptions to this 1:4 ratio.

# Code of Conduct: Participant Guidelines

**Equal Access -** No participant shall on the basis of race, gender, creed, national origin or disability be denied equal access to programs, activities, services or benefits or be limited in the exercise of any right, privilege, advantage or opportunity.

**Behavior** - Participants are expected to exhibit appropriate behavior at all times. The following guidelines have been developed to make S.O.A.R. programs safe and enjoyable for all participants. Additional rules may be developed for particular programs as deemed necessary by staff. Participants shall:

- Show respect to all participants and staff.
- Refrain from using foul language.
- Refrain from causing bodily harm to other participants or staff.
- Show respect for equipment, supplies and facilities.

**Discipline** - A positive approach will be used. S.O.A.R. reserves the right to dismiss a participant. **Each situation will be evaluated on its own merit.** 

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#### **Special Infomation**

#### **Late Pick-Up Policy**

Please double check the pick-up time and be prompt! Program instructors would appreciate your consideration because they have additional work responsibilities after the program and sometimes have another program to lead

Families/staff of participants who are not picked up promptly will be sent a letter the first time to remind them of this concern. If the situation happens again, a late fee will be assessed. After a 5-minute grace period, a \$5 fee will be charged for every 15 minutes or portion thereafter.

Registration for other programs will not be accepted until all outstanding late fees are paid.

# Special Thanks to Our Volunteers who helped with Winter/Spring Programs

Tammy Alsene Katilyn Ludwig Madison Anastasiadis Matt Majeski Mallory McGovern Lauren Anthony Audrey McWhorter Marinna Barone Rhyannon Baxter Adrianna Melgosa John Boles Lily Murphy Abbie Bowman Anya Naumovski Elena Burgoon Riley Neal Kate Carlock Keith Novak NSSLHA - ISU Ienna Carlson Susan Childers Liz Olsson Maxwell Cekander Missy O'Shea Beth Clark Amanda Parisi Sharon D'Costa Sophie Parson Christian Dowell Katrina Peli Abbi Edmiaston Connor Polley LaDaja Reed Erika Franklin Ionathon Golen Abraham Ruvalcaba Dan Graham Buffy Ryan Flint Greil Dennis Sapp Lacey Greil Verlinda Sapp Grace Gschwendtner Michael Schoeninger LaTonya Harris Debbie Schultz Joe Heaser Shelley Schultz Ienna Heaser Tyraina Schupbach Jamie Scovel Abe Henkel Kevin Huynh Ashka Shah Illinois Wesleyan Athletes Myron Simmons IOAA artists Jenessa Spivey Mary Jo Johnson Madison Stanton Rachel Johnson Gavin Stanzione Bridgette Sterba Cole Iones Ioe Kiley Hannah Talley Maggie Kline Alyssa Thorndyke Dvlan Knudsen Serena Tyler Natalie Kostrubala Kara Tyner Brian Lahr Allie Webb Courtney Lahr Luke Weismann Barb Wells Charen Lakebrink Dimitri Lambros Morgan White Kendahl Whitwood Jace Lambros Samantha Lambros DeVasha Williams Hailey Leverton Dee Wilson Jim Lilienthal Emily Wilson Sherry Lilienthal Jamie Wielgopolan Brenna Long Alyssa Yates

#### Paperwork...Paperwork...

"You want me to fill out this entire form?" Have you ever said or thought this? Most of us have! The demand for information and paperwork is tremendous in our society today. While our initial reaction is sometimes frustration, we need to step back and consider why information is requested. S.O.A.R. asks that an annual information form be completed, with a seasonal sign off that all information is still correct. Why ask the questions and why persist in acquiring updated information? Listed below are some of the reasons:

- We take our responsibility for participants seriously.
- We care about each person's health and safety.
- We care that each person's physical, emotional, social and developmental needs are being met
- We want each person to feel satisfaction from program involvement.

Asking for information does not guarantee personal success or safety, but the information is invaluable as we do our best to provide safe and satisfying leisure activities. We thank you for taking the time to provide the requested information.

## **Cell Phone Policy**

S.O.A.R. requests that participants do not bring cell phones to program unless there is an emergency situation they need to be aware of or if they need to call for a ride when the program ends. Participants are not to use their phone during programs and are asked to keep their cell phone in a pocket, purse, bag, etc. during the entire program. S.O.A.R. can't be held responsible if a participant loses his or her phone. If a participant uses a cell phone during a program or the phone becomes a distraction to the participant, S.O.A.R. staff will hold the phone for the duration of the program. The phone will be returned when the participant leaves. This policy will be enforced for the respect of other participants and staff during a program.

#### **Participant Expectations**

S.O.A.R. provides healthy community leisure opportunities for individuals with disabilities. While participating in our programs, we stress socialization skills, appropriate behavior and personal appearance. For the dignity and acceptance of individuals with disabilities, and for their overall self-esteem and enjoyment at community outings, the staff has several expectations of participants. We ask that you assist us in fulfilling these basic guidelines. The participant guidelines were developed for the betterment of our participants, their self-esteem and normalization.

Please dress for all programs in clean clothing that is appropriate for the specific activity. Participants should be clean and display good hygiene skills.

#### **Program Times**

S.O.A.R. staff and instructors are at the facility for the designated program time only. Individuals providing transportation for participants should make drop-offs and pick-ups at the listed times. Please do not leave a participant at program/program site unless there is a staff present. We know that emergencies arise, but try to let staff know if you will be early or late!

#### **Parent Observation Guidelines**

Parents are encouraged to leave the program area during events so participants can give their full attention to the instructor. Thank you.

#### **Check Out Our Web Site**

www.bloomingtonparks.org/soar.



Follow us on facebook

#### **Program Holidays**

In observation of Independance Day the office will be closed. There will be no programs held on July 4th.

# **Special Olympics**



#### **TRAINING PROGRAMS**

# Purpose of S.O.A.R. Special Olympics Training Programs:

To provide eligible individuals 8 years of age or older from the Bloomington/Normal area with quality training programs that will prepare them for area, district, regional and/or state competition in a variety of Special Olympics sports on a year around basis.

# Requirements to Participate in S.O.A.R. Special Olympics Training Programs:

Individuals who meet Special Olympics eligibility requirements and wish to participate in a S.O.A.R. Special Olympics training program must complete the S.O.A.R. registration procedure for that program. In addition, an Application for Participation (medical), valid through the entire sport's season must be on file with S.O.A.R. before practice begins.

# Expectations For S.O.A.R. Special Olympics Training Programs:

Athletes participating in a S.O.A.R. Special Olympics training program must meet the minimum requirements of training in that sport in order to participate in competition. These requirements will include participation in the minimum number of required training sessions for that sport at a level which is considered appropriate for the sport and the athlete.

#### **Special Olympics Bowling**

This program is designed as a Special Olympics sports training program for the beginning to advanced bowler. Basic bowling skills such as positioning and stance, approach, delivery and release will be emphasized. Rules and etiquette will also be stressed. Participants will bowl two games each week (*if time allows*). Bowling balls and shoes are provided by Pheasant Lanes for athletes that don't have their own.

This is a Special Olympics training program. A valid Special Olympics Application for Participation (*medical form*) valid through December 2019 must be on file at the S.O.A.R. office by June 7 to participate. Individuals who successfully complete this program and have bowled a minimum of 15 games with S.O.A.R. are eligible to compete in the Region G Special Olympics Bowling Tournament on August 24. **Participants who do not want to train and compete may also register for this program and bowl in a recreational capacity. Please remember that bowling STARTS at 4:00 pm, with warm-ups at 3:50 pm. No one will be added to games that have already started.** 

Who: Ages 8 and older

When: Mondays, June 17 - August 19

4:00 - 5:15 pm

Where: Pheasant Lanes, Bloomington
Cost: \$20 to S.O.A.R. (registration fee) &

\$52.50 to Pheasant Lanes (bowling fees)

Limit: Minimum 20; Maximum 60



# **Special Olympics**

# **Special Olympics Volleyball:**

We offer two levels of Volleyball: Modified and Unified. We will do a Volleyball Assessment night to determine appropriate placement of each athlete to the correct level of play. You can certainly note your preference, but placement determination will be made by the coaching staff following the assessment night.

### **Special Olympics Modified Volleyball**

Individuals with basic motor and cognitive skills appropriate for learning volleyball match play and competition are eligible for this program. Modified Volleyball uses a smaller court and a "trainer" ball for play. Rules are modified for learning volleyball team play. A minimum of three matches will be scheduled before the September volleyball qualifier.

# **Special Olympics Unified Volleyball**

Individuals with basic motor and cognitive skills appropriate for volleyball match play and competition are eligible for this program. Athletes should have previous volleyball experience and may need to be at a higher level of play for this program, which will be determined at the Assessment Night.

This program will team Special Olympics athletes and athletes without intellectual disabilities *(Unified Partners)*. The goal of this program is to provide an opportunity for athletes to grow and develop from peer encouragement at practice and during competitions. A minimum of three matches will be scheduled before the September volleyball qualifier.

These are Special Olympics sports training programs. A valid Special Olympics Application for Participation *(medical)* valid through October 2019 must be on file at the S.O.A.R. office by July 5 to participate. Teams who successfully complete these programs and advance beyond the September 15 qualifier will be eligible to compete in the Fall Games on October 26 - 27 in Rockford. Advancing teams will have additional practices scheduled.

Who: Ages 12 and older

When: Thursday, July 18: 5:30 - 7:30 pm, Assessment night. All reg-

istered *must* attend assessment scheduled during this time to

determine appropriate team placement.

Regular practices then follow:

MODIFIED: Tuesdays, July 23 - September 10

5:30 - 7:00 pm

UNIFIED: Thursdays, July 25 - September 12

5:30 - 7:00 pm or 7:00 - 8:30 pm (depending on team assignment)

Where: Lincoln Leisure Center, gym

**Cost:** \$35

Limit: Minimum 9; Maximum 12/team

# **Special Olympics Competition Dates**

June 7 - 9 Summer Games, ISU (Aquatics, Athletics, Bocce, Soccer, Powerlifting)

> June 22 Softball Game Day (Pekin)

June 23 Unified Tennis Qualifier, Bloomington

July 20 Possible Softball Game Day (Home)

August 17 - 18 State Tennis Tournament, Bloomington

August 24
Region Bowling Tournament, Peoria

September 7 - 8 Outdoor Sports Festival, Decatur (Softball)

September 15 Volleyball Qualifier, Effingham

October 12 Sectional Bowling, Peoria

October 26 - 27: Fall Games, Rockford Harlem (Volleyball)

> December 7 State Bowling, Peoria

# S.O.A.R. Special Olympics Cookout Celebration

Celebrate the accomplishments of S.O.A.R.'s Special Olympics athletes for the first half of this year (*January - June*). S.O.A.R. will provide a full cookout-style dinner. After we enjoy dinner, a brief program honoring athletes who have participated in the following sports will follow: basketball, swimming, athletics, soccer, powerlifting and bocce (both traditional & unified).

**Who:** Athletes, their families and anyone who wants to

help recognize S.O.A.R. athletes

When: Friday, July 12

6:00 - 8:00 pm

Where: Underwood Park Shelter (Jersey Ave. & Linden

St., Normal - Enter park off of Jersey Ave.)

Cost: \$4/person (to cover food cost)
Limit: No limit, but MUST pre-register!

# **Youth Summer Day Programs**

#### **Out & About**

This program gives you an opportunity to get out and have a good time among friends. Each week will include lunch and an activity in the community. Activities may include swimming, bowling, hiking in a park and more. Activities are included in the program fee. **Participants must bring their lunch each week.** Water will be provided. Participants must be independent in the areas of feeding and hygiene. A memo with more information about activity details will be emailed to those who register.

Who: Ambulatory, ages 16 - 35 When: Mondays, June 17 - July 22

9:30 am - 3:00 pm

Where: Drop off/pick up at Lincoln Leisure Center

**Cost:** \$90

Limit: Minimum 5; Maximum 10





#### S.O.A.R. for Starters

This program is targeted to youth that are too young for most other S.O.A.R. programs. A variety of activities including games, music, dance, fitness, crafts, and social activities will be provided. A 1:2 staff to participant ratio will be provided. Development of fundamental motor skills and eye-hand coordination will be emphasized. Dress in clothing for activity and wear tennis shoes. Since some activities involve things like paint, participants should also wear clothes that can get messy!

Who: Ages 4 - 7

When: Mondays and Wednesdays, June 17 - July 24

1:00 - 2:30 pm

Where: Lincoln Leisure Center on Mondays,

Hike Haven on Wednesdays

Cost: \$40

Limit: Minimum 4, Maximum 8

# **Youth Summer Day Programs**

#### **Make Some Art!**

Join us for some hands-on activities and crafts with a nature theme in mind - fun stuff inside and out, and maybe bringing the outside in! Be sure to wear clothes that don't mind a messy activity!

Who: Ages 8 - 21

When: Tuesdays, June 18 - July 23

1:00 - 2:30 pm

Where: Lincoln Leisure Center, Room 208

Cost: \$30

Limit: Minimum 6, Maximum 12



#### **Make Some Music!**

Participants will engage in music making experiences including, but not limited to, movement, song writing, interactive instrument and ensemble play and relaxation strategies, that focus on each individual's strengths and targets their needs. Interventions and activities will focus on communication, attention span/attention to task, building relationships and peer interaction all while participants have fun, laugh, play and make music. A Clinician from Developing Melodies will lead the first hour of this program.

Who: Ages 8 - 21

When: Tuesdays, June 18 - July 23

3:00 - 4:30 pm

Where: Lincoln Leisure Center, Room 203 and 208

**Cost:** \$40

Limit: Minimum 6, Maximum 12

#### S.O.A.R. for Starters

This program is targeted to youth that are too young for most other S.O.A.R. programs. A variety of activities including games, music, dance, fitness, crafts, and social activities will be provided. A 1:2 staff to participant ratio will be provided. Development of fundamental motor skills and eye-hand coordination will be emphasized. Dress in clothing for activity and wear tennis shoes. Since some activities involve things like paint, participants should also wear clothes that can get messy!

Who: Ages 4 - 7

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1:00 - 2:30 pm

Where: Lincoln Leisure Center on Mondays,

Hike Haven on Wednesdays

Cost: \$40

Limit: Minimum 4, Maximum 8

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#### **Get Active!**

Movement games, mini sports activities, a walk...maybe yoga! Anything that gets our hearts pumping, our blood flowing and our feet moving! Dress to be active with lots of movement! Plenty of water will be provided.

**Who:** Ages 8 - 21

When: Wednesdays, June 19 - July 24

3:00 - 4:30

Where: Hike Haven in Forrest Park

**Cost:** \$30

Limit: Minimum 6, Maximum 12



# **Explore Outdoors**

Hikes, outdoor games, even fishing could be the adventure of the day as we meet at a different park in Bloomington and Normal each week. Dress to be active and maybe get dirty! Water and a light snack will be provided.

Who: Ages 8 - 21

When: Thursdays, June 20 - August 1 (not 7/4)

1:00 - 4:00 pm

Where: First week meet at Lincoln Leisure Center for a walk

to Miller and Forrest Parks. A note will be sent each week to remind you where to meet the following

week.

**Cost:** \$30

Limit: Minimum 6, Maximum 12

#### **Around the World!**

Join us for some hands-on activities and crafts with a different country and culture in mind each week - fun stuff inside and out, and maybe bringing the outside in! Be sure to wear clothes that don't mind a messy activity! A light snack will be provided or made that day.

**Who:** Ages 8 - 30

When: Fridays, June 21 - July 26

1:00 - 2:30 pm (ages 8 - 18) 3:00 - 4:30 pm (ages 19 - 30)

Where: Lincoln Leisure Center, Room 208

**Cost:** \$30

Limit: Minimum 6, Maximum 12

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#### - MONDAYS -

#### **Swim Lessons**

S.O.A.R. is excited to provide swim lessons again this summer! Lessons will be conducted in a small group setting with a 1:2 staff ratio. Instructors for this class will work with you at your own individual level. Participants will be assigned a time slot after registration.

Who: Ages 10 and older

When: Mondays, June 10 - July 29

5:00 - 5:30 pm (beginner) or 5:30 - 6:00 pm (intermediate)

Where: O'Neil Pool

**Cost:** \$35

Limit: Minimum 2; Maximum 4/lesson



### **Paper Crafts**

Whether you like to make cards or are interested in trying origami, this program is a fit for you. We'll use paper in many ways to create some unique projects, including one with a 4th of July theme! Be sure to wear clothes that can get messy.

Who: Ages 14 and older

When: Mondays, June 17 - July 1

6:15 - 7:15 pm

Where: Lincoln Leisure Center, room 107

**Cost:** \$12

Limit: Minimum 6; Maximum 12

# **Strength & Flexibility Fitness**



This fitness program will focus on strength & flexibility training. Participants will participate in activities that use hand weights and exercise bands as well as Yoga and Tai Chi. Individuals who register for "Cardio Fitness" shouldn't register for this program. Choose please!

Who: Ages 12 and older

When: Mondays, June 17 - August 5

7:30 - 8:30 pm

Where: Lincoln Leisure Center, room 202

Cost: \$24

Limit: Minimum 6; Maximum 10

# Cardio Fitness



Get fit with S.O.A.R. This program will focus on exercises designed to get our heart rate up and improve cardiovascular exercise. Participants will complete a variety of exercises each week as well as participate in health-related educational activities. Activities will be geared to the health level of each individual with a target goal of improving health, fitness, and well-being. *Individuals who register for "Strength & Flexibility Fitness" shouldn't register for this program. Choose please!* 

Who: Ages 12 and older

When: Mondays, June 17 - August 5

6:15 - 7:15 pm

Where: Lincoln Leisure Center, room 202/205

Cost: \$24

Limit: Minimum 6; Maximum 12

### **Beads and More**



We can create all kinds of things with beads. From home décor to jewelry to key chains, we can create unique pieces with simple supplies like beads and string. We'll use a variety of types of beads to create 4 unique projects. Be sure to wear clothes that can get messy.

Who: Ages 14 and older
When: Mondays, June 17 - July 1

7:30 - 8:30 pm

Where: Lincoln Leisure Center, room 107

**Cost:** \$12

Limit: Minimum 6; Maximum 12

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#### - MONDAYS -

Christmas in July Crafts

It may feel hot outside, but our cool crafts will be ready to make and take for Christmas gifts this holiday season. Join us to craft some unique items that will be perfect for gifting and hanging on the tree. Be sure to wear clothes that can get messy as we'll be using paint and glue.

Who: Ages 14 and older

When: Mondays, July 8 - August 5

6:15 - 7:15 pm

Where: Lincoln Leisure Center, room 107

Cost: \$20

Limit: Minimum 6; Maximum 12



# **Summer Crafts**



Summer means bright colors, sunny days and tie dye! We'll use the summer theme to create some cool crafts with fabric, beads, tie dye and more. Wear clothes that can get messy as we'll be using lots of paint and glue.

Who: Ages 14 and older

When: Mondays, July 8 - August 5

7:30 - 8:30 pm

Where: Lincoln Leisure Center, room 107

**Cost:** \$20

Limit: Minimum 6; Maximum 12

#### - TUESDAYS -



# **Cooking on a Budget**

In need of some cheap eats? We will be cooking up a full dinner that won't break the bank. Our challenge each week will be to not only prepare a low cost meal, but make sure we include some fresh ingredients too. Each week, the participants will help chop, cut, mix or bake to help prepare our meals.

Who: Ages 16 and older

When: Tuesdays, June 18 - July 23

6:00 - 7:30 pm

Where: Miller Park Pavilion, lower level

Cost: \$24

Limit: Minimum 6; Maximum 16

# **Bowling & Dinner \$**

Enjoy a night out on the town! The group will go to Pheasant Lanes and bowl two games followed by dinner at a local restaurant. Each week, participants will need to pay for their own meal costs. This program's staffing ratio will be 1:6. Participants should be dropped off at Pheasant Lanes and picked up at Lincoln Leisure Center each week. A memo with more information will be sent to those who register about restaurants, money needs, transportation, etc.

Who: Ages 13 - 29 When: Tuesday, August 6

4:00 - 7:30 pm

Who: Ages 30 and older When: Tuesday, August 13

4:00 - 7:30 pm

Where: Pheasant Lanes/various restaurants

**Cost:** \$10

Limit: Minimum 6; Maximum 16



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# Need transportation assistance?

SOAR PROVIDES DOOR TO DOOR TRANSPORTATION SERVICES
TO/FROM SELECT PROGRAMS FOR A NOMINAL FEE.
PROGRAMS LISTED WITH A "BUS" ICON HAVE AVAILABLE
DOOR TO DOOR SERVICE. SEE MORE INFORMATION ON
PAGE 21 FOR REQUESTING TRANSPORTATION SERVICES AND
ELIGIBILITY.

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#### - WEDNESDAYS -





#### **Seat to SOAR**

Get off your seat and soar with the SOAR walk/run club! This program encourages the lifetime fitness activities of walking and running. By using a progressive training program and walk/run mentors, you will be able to increase fitness and endurance at your own pace. The ultimate goal of this session is to be ready to enter some of the local fun run/walk races in the area.

Who: Ages 12 and older

When: Wednesdays, June 19 - August 7

5:30 - 6:30 pm

Where: Miller Park Pavilion, lower level

Cost: \$22

Limit: Minimum 4; Maximum 12





Enjoy lunch outside this summer. We'll enjoy a picnic lunch each week including a sandwich, chips and a drink while listening to the tunes of a live band in the park. The program fee includes lunch each week. Be sure to wear sunscreen and dress appropriately for the weather. Each participant should also bring a lawn chair, as seating is limited.

Who: Ages 22 and older When: Wednesdays, June 5 - 19

11:00 am - 1:00 pm

Where: Drop off/pick up at Wither's Park

Cost: \$15

Limit: Minimum 4; Maximum 15

#### Dinner & a Movie \$

Do you love movies? This group will have dinner at a local restaurant and then enjoy a movie at a local theater. All movies will be rated G to PG-13 and will be comedies, animations or dramas. Each person will need to pay for their own meal and movie each week. S.O.A.R. will staff this program at a 1:6 ratio. A memo will be sent to those who register regarding restaurants, movies, transportation and times.

Who: Ages 29 and older When: Wednesday, August 7

5:15 - end of movie

Who: Ages 14 - 28
When: Friday, August 16

5:15 - end of movie

Where: Various restaurants/movie theaters

Cost: \$6

Limit: Minimum 6; Maximum 16



# Calling all Photographers:

Have some great pictures from SOAR events, programs or game days? We'd love to use your pictures for our brochures and social media! If you'd like to share, please send your contact information and pictures to Nicole at nkohler@cityblm.org.

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#### - THURSDAYS -

# **Open Pickleball**

Pick up and tune up your Pickleball game playing a few doubles games. Loaner equipment available. Unified partners welcome! Minimal instruction provided.

Who: Ages 12 and up When: Thursdays, July 11 - 25

5:30 - 6:30 pm

Where: Miller Park Tennis Courts
Cost: \$6 (or \$2/drop-in)
Limit: Minimum 4, Maximum 10

# **Mystery Night Out \$**

Where will the night take us? Each week it will be a surprise! Each week, we will have dinner and then it's off to a mystery location for a fun night on the town. Participants will need to bring money for their meal each week, activities are included in the cost of the program. Transportation will be provided to and from dinner/various locations on a City of Bloomington van. A reminder memo with more information will be sent to those who register.

Who: Ages 16 and older When: Thursdays, July 11 - 25

5:30 - 8:30 pm

Where: Drop off/pick up at Lincoln Leisure Center

**Cost:** \$15

Limit: Minimum 5; Maximum 16





FOR SPECIAL OLYMPICS ILLINOIS

# Lip Sync Battle at Mackinaw Winery

Fundraiser to benefit local Special Olympics programs

Date/time TBD, Watch the SOAR Facebook page for details!

#### **General Information on Special Events:**

**Transportation:** S.O.A.R. provides transportation to and from out of town trips as part of the registration fee.

Transportation fees are only assessed for door-to-door transportation services.

**Payment:** Payment for special events is due at registration. Events will not be placed on a payment plan unless

special arrangements are approved.

Supervision: Community based special events are chaperoned under a 1 staff to 4 participant ratio. Those regis-

tered for special events should be able to participate appropriately under this ratio.

Overnights: Participants must have previously attended S.O.A.R. activities before attending an overnight.

#### **Pizza & Games with Dad**

Spend some time with Dad in celebration of Father's Day. Bring a big appetite because a pizza dinner will be served. You will have the chance to win some cool prizes during game time! So, guys and gals grab your dads for some fun. No reminder memo will be sent.

**Who:** Participants with their father/grandfather/uncle

When: Tuesday, June 11

6:00 - 8:00 pm

Where: Normal Community Activity Center

Cost: \$10/couple

Limit: Minimum 6 couples; Maximum 25 couples

# **Penguin Project Show**

The Penguin Project of McLean County presents "Willy Wonka, Jr.". The Penguin Project is unique, in that all of the roles are filled by children with disabilities to put on a production of a modified version of a popular musical. Come and enjoy a performance by some of our very own S.O.A.R. friends at University High School. We will meet at Lincoln Leisure Center and all participants will be transported on a City of Bloomington van to University High School. Participants may bring money for concessions. *No reminder memo will be sent.* 

Who: Ages 10 and older When: Friday, June 14

6:15 - 9:30 pm

Where: Drop off/pick up at Lincoln Leisure Center

Cost: \$15

Limit: Minimum 6; Maximum 16

# Mini golf & Pizza



Join us for Mini-golf at Miller Park! We will play a round of mini-golf then cool off inside for a pizza dinner. It will be a fun night to wind down the summer. Please choose one date. No reminder memo will be sent.

Who: Ambulatory, ages 14 - 29
When: Thursday, June 13
5:30 - 8:00 pm

Who: Ambulatory, ages 30 and older

**When:** Thursday, June 20 5:30 - 8:00 pm

Where: Drop off/pick up at

front entrance to Miller Park Zoo

Cost: \$12

Limit: Minimum 6; Maximum 12





Our friends at IRVSRA have invited us to a dance party in Pekin. No decorations, no celebration, no reason, just dancing. We'll enjoy a pizza dinner then show off our moves following the Just Dance videos on a big screen with lights, sound and a disco ball! It'll be a perfect opportunity to meet new friends, socialize, burn some calories and enjoy dancing. *No reminder memo will be sent.* 

Who: Ages 14 and older
When: Saturday, June 15
4:45 pm - 8:15 pm

Where: Drop off/pick up at Lincoln Leisure Center

**Cost:** \$15

Limit: Minimum 8; Maximum 24

### **Music under the Stars**

The popular band, Biscuits-N-Gravy, will be performing at Miller Park this summer. Let's enjoy a fun outdoor concert with friends. Water and a snack will be provided. *A reminder memo will be emailed.* 

Who: Ages 14 and older When: Tuesday, June 25

6:30 - 8:45 pm Drop off/pick up at

Where: Drop off/pick up at Miller Park Zoo Front Entrance

Cost: \$8

Limit: Minimum 8; Maximum 20



# Ice Cream & Bingo

Calling all Bingo Players! Cool off with a cool ice cream treat and add your favorite toppings too. Then play some bingo with your friends and win some cool prizes. *No reminder memo will be sent.* 

Who: Ages 12 and older When: Thursday, June 27 6:00 - 8:00 pm

Where: Miller Park Pavilion, lower level

Cost: \$10

Limit: Minimum 10; Maximum 45

Page 12

#### **FOOT GOLF**

Learn the new game on the links! This will be an instructional night to learn about and play a little Foot Golf. You'll get to try your foot at the sport, walk the course, get to use a practice area for learning to get the ball into the hole and score! One good leg is all you need to be a part of this game! We will offer a 4 week "league" in the Fall so now is the time to give it a try!

Who: Ages 8 and up When: Friday, June 28

5:30 - 7:00 pm

Where: Highland Golf Course

Cost: \$10

Limit: Minimum 4, Maximum 15



#### 

Do you love 80's tunes? Retro Fit will be playing 80's party songs at this fun outdoor concert. We'll enjoy some snacks and tunes with friends. Bring your lawn chair! *A reminder memo will be emailed to those who register.* 

Who: Ages 15 and older When: Sunday, July 7

3:15 - 6:00 pm

Where: Drop off/pick up at Lincoln Leisure Center

Cost: \$8

Limit: Minimum 8; Maximum 16

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# **S.O.A.R. Special Olympics** Cookout Celebration

Celebrate the accomplishments of S.O.A.R.'s Special Olympics athletes for the first half of this year (January - June). S.O.A.R. will provide a full cookout-style dinner. After we enjoy dinner, a brief program honoring athletes who have participated in the following sports will follow: basketball, swimming, athletics, soccer, powerlifting and bocce (both traditional & unified).

Who: Athletes, their families and anyone who

wants to help recognize S.O.A.R. athletes

When: Friday, July 12

6:00 - 8:00 pm

Where: Underwood Park Shelter (Jersey Ave. & Linden St.,

Normal - Enter park off of Jersey Ave.)

\$4/person (to cover food cost) Cost: Limit: No limit, but MUST pre-register!



#### Peoria Chiefs Game \$

A summer tradition! Let's check out a local baseball team this year. The Chiefs play the Great Lakes Dodgers in a 5:05 pm game. It's also Princess & Pirate Night! Please bring money for dinner and souvenirs and be sure to wear sunscreen. A reminder memo will be emailed to those who register.

Who: Ambulatory, ages 16 and older

When: Sunday, July 14

3:30 - 9:00 pm

Where: Drop off/pick up at Lincoln Leisure Center

Cost.

Limit: Minimum 8; Maximum 24

#### Champaign Waterpark \$

Splash with us at the Sholem Aquatic Park in Champaign. There's a lazy river and fun slides available to keep us busy. Be sure to bring your towel and sunscreen. Concession stands are available. A reminder memo with more information will be emailed to those who register.

Who: Ambulatory, ages 16 and older

When: Saturday, July 20

12:15 - 6:00 pm

Where: Drop off/pick up at Lincoln Leisure Center

Cost: \$15

Limit: Minimum 8; Maximum 24

#### Picnic & a Play

What better way to view a fun-filled performance than outside in the fresh summer air? We'll meet at the front entrance to the Miller Park Zoo and walk to the bandstand for an outdoor performance and picnic dinner. Picnic dinner includes a sandwich, chips and water. This year's show is "Newsies". A reminder memo with more information will be emailed to those who register.

Who: Ages 12 and older When: Friday, July 26

7:00 - 9:15 pm

Drop off/pick up at Miller Park Zoo Front Entrance Where:

Cost:

Limit: Minimum 6; Maximum 15

# **Parents Night Out**

Hey parents, need a night out on the town? While you're out for dinner or shopping or taking a nap at home, we'll play games, do a craft and enjoy time with friends. Leave dinner to us. Cheese pizza and dessert will be provided. No reminder memo will be sent.

Who: Ages 6 - 15 When: Friday, August 2

5:30 - 8:00 pm

Where: Lincoln Leisure Center, room 208

Cost:

Limit: Minimum 6; Maximum 12



Cool down this summer at O'Neil Pool in Bloomington. A picnic dinner will be provided to participants after some fun in the sun. Grab your towel and some sunscreen for a pool party with friends. A reminder memo with more information will be emailed to those who register.

Who: Ages 12 and older When: Friday, August 9

5:30 - 7:30 pm

Where: O'Neil Pool, Bloomington

Cost:

Limit: Minimum 8; Maximum 40



US ON F&CEBOOK



# **Cruisin' Uptown**

The Twin City Cruisers and the McLean County Antique Automobile Club will be showing off classic cars in uptown Normal. We'll check out the cars, visit the shops and walk over to Subway for dinner. Participants will pay for their own meals and purchases. A reminder memo with more information will be emailed to those who register.

Who: Ages 14 and older When: Saturday, August 10

3:30 - 7:30 pm

Where: Drop off/pick up at Lincoln Leisure Center

Cost: \$10

Limit: Minimum 8; Maximum 16

#### **Illinois State Fair \$**

Summer marks the season of local fairs and carnivals. Enjoy rides, exhibits, entertainment and delicious food at the Illinois State Fair. This trip requires a lot of walking because the group will have the opportunity to see the entire fair. Registration covers admission and parking. Please note that the \$30 wristband for unlimited carnival rides is available on this date. Participants should bring money for carnival ride tickets and food. A reminder memo with more information will be emailed to those who register.

Who: Ambulatory, ages 14 and older

When: Wednesday, August 14

11:00 am - 6:00 pm

Where: Drop off/pick up at Lincoln Leisure Center

Cost: \$20

Limit: Minimum 6; Maximum 24



# **Facility Directory**

## **Community Activity Center**

1110 Douglas St. Normal, IL 61761 (309) 454-9540

#### **Hike Haven**

218 Tanner St. Bloomington, IL 61701

#### **Miller Park Pavilion**

1122 S Morris Ave Bloomington, IL 61701 (309) 434-2255

#### O'Neil Park

Field/Pool 1515 W Chestnut St. Bloomington, IL 61701

# **Government Center**

115 E. Washington St. Bloomington, IL 61701 (309) 434-2260

#### **Lincoln Leisure Center**

1206 S. Lee Bloomington, IL 61701 (309) 434-2819

#### **Miller Park Tennis**

Summit Street Bloomington, IL 61701

#### **Pheasant Lanes**

804 N. Hershey Rd Bloomington, IL 61704 (309) 663-8556

#### White Oak Park

1514 N Cottage Ave. Bloomington, IL 61701

## **Highland Golf Course**

1613 S. Main St Bloomington, IL 61701

# **Maxwell Park**

Parkside Rd & W. Gregory St. Normal, IL 61761

# **Miller Park Zoo**

1020 S Morris Ave. Bloomington, IL 61701 (309) 434-2250

# **Underwood Park**

200 Jersey Ave Normal, IL 61761



Sponsored by





# **AUGUST 25 @ DESTIHL BREWERY • 1 - 4 PM**

Destihl Brewery is located at 1200 Greenbriar Dr., Normal, Illinois

Teams of two will compete in a battle of classic backyard games for a prize from Destihl Brewery! This unique experience will feature several outdoor games, music, art sales and Destihl's own "DUB-PUB" mobile taproom. Have fun while raising awareness and funds to provide recreation opportunities for people with disabilities in our community through the SOAR program.

Cost: \$30/pair • Register at BloomingtonParks.org

QUESTIONS? CALL SOAR at 309-434-2260

# **June 2019**

Summer Games  Swim Lessons SO Unified Tennis  Pizza & Games with Dad  Lunchtime Concerts SO Softball  Mini Golf & Pizza  Penguin Project Show  SRA Just Dance Party  15  Out & About SOAR for Starters SO Bowling Swim Lessons SO Unified Tennis Cardio Fitness Paper Crafts Strength & Flexibility Fitness Beads and More  Pizza & Games with Dad  Lunchtime Concerts SOAR for Starters Get Active Seat to SOAR for Starters Get Active Seat to SOAR SO Softball  Softball Game Day Pekin				June 2019			
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	Page 16	24	25	20	21	28	29

# **July 2019**

July 2013						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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21	22	23	24	25	26	27
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28	29	30	31			

**August 2019** 

		A	<u>ugust 201</u>	<u> </u>		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				SO Unified VBall	Parents Night Out	Region Softball Tournament
	SO Bowling Cardio Fitness Christmas in July Crafts Strength & Flexibility Fitness Summer Crafts	Bowling & Dinner SO Modified VBall	Dinner & a Movie Seat to SOAR	SO Unified VBall	Pool Party	Cruisin' Uptown
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	SO Bowling	Bowling & Dinner SO Modified VBall	Illinois State Fair	SO Unified VBall	Dinner & a Movie	State Tennis
11	12	13	14	15	16	17
State Tennis	SO Bowling	SO Modified VBall	21	SO Unified VBall	23	Region Bowling Tournament
10	19		21	22	23	24
		SO Modified VBall		SO Unified VBall		
25	26	27	28	29	30	31

**Summer 2019 S.O.A.R. Program Registration Form**Please return the completed form along with the fee to the S.O.A.R./Bloomington Parks and Recreation Office, PO Box 3157, Bloomington, IL 61702-3157. For further information, call (309) 434-2260.

Participant's Name					Gender
Address					
City			•		
AgeBirthdate					
Primary Emergency Contact					
Secondary Emergency Conta	act(s)	1st Pho	ne	_ 2nd Phone	
T-Shirt/Jersey size		,	nly if registering fo	r Special Olym	pics - adult sizes only)
E-Mail Address					
PROGRAM NAME					PROGRAM FEE
To help S.O.A.R. provide safe ar					
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Publicity Statement:  I Do □ Do Not □ give my perm participant to be used by S.O.A. tion and education.  Transportation:			surance. My own h	R. does not carr nealth insurance r njury. I understan	ry medical or accident ir must assume responsibi nd that every precaution i
<b>Transportation:</b> I Do □ Do Not □ give my per transportation in vehicles owne weekly programs and special ev	ed or rented by S.O.A.R. fo		I Do Do Not Can or hospital in		ency treatment by a phys can't be reached.
Signature of parent or legal g	guardian:				Date:
	(participant nee	ds to sign if o	wn legal guardian)		
	Must complete if us	sing VISA, Ma	asterCard, or Disco	over	
Card Number			Expiration Date	V-code	e on back of card
Name of Cardholder			·		
Authorized Signature				<u> </u>	

# **Transportation Information & Procedures**

# We have a new website and registration system.

# Make your new household account today!

Go to our NEW website BloomingtonParks.org

Click on the "Register" button located at the upper right corner of your screen

☑ Top right hand corner hit "Create Household Account"

 ${\color{red} {f \mathcal{J}}}$  Fill in all information listing PRIMARY contact first

✓ Your email address is required and becomes your "Username"

 $\label{Continuous}$  Create your own password noting the password requirements

After password verification add all additional household members by clicking "Add Member"

Fill out all necessary information for each household member and click on "Continue" and "Add Member" until entire household is added to your account

Hit "Submit" when finished. You will be logged in and can begin to register!



309-434-2260 • 115 E. Washington St. BloomingtonParks.org





# After you set up your account... This is How To Register for a Program

- Login
- Go to Registration Tab
- Select Activity Registration
- You can search under "Category"
- Or go to Advanced Search to narrow down your options
- Choose your Category and click on the black triangle next to what you have chosen
- · All programs for that category will appear
- · Locate the program you want to register for
- Select the program and click on the "Register" button on the left hand side
- · After you register you will be advanced to the next screen
- All Activity Information will appear in the first box
- "Registrant Information" will be available in the second box
- Select the participant that you want to register in the drop down box next to the asterisk labeled "Name of Registrants"
- Click "Add to Cart" at the bottom of the box
- If you are finished go to the "Checkout Box" on the right hand side and complete your transaction
- If you want to register for more than 1 program click "Continue Shopping" on the left hand side and repeat the process until you are finished then go to the "Checkout Box" on the right hand side and complete your transaction

**Other ways to register -** Return the seasonal registration form on page 24 and payment at the time of sign-up to the Bloomington Parks, Recreation & Cultural Arts office. Registration may be done on-line, in person or through the mail. Registration may be done in person between 9:00 am and 5:00 pm, Monday through Friday, or it may be mailed. Send to:

S.O.A.R. Program Registration PO Box 3157 Bloomington, IL 61702-3157

**Notification of Acceptance -** S.O.A.R. will notify you only if you have not been accepted into a program. Once the registration procedure has been completed and accepted by S.O.A.R. staff you are registered. Please attend the program as scheduled in the brochure. Reminder memos are only sent for those events that state in the brochure...."reminder memo will be mailed."

#### **Program Cancellation**

- A program will be cancelled if the minimum number of participants needed is not met. S.O.A.R. staff will notify people by mail if this situation arises.
- In cases of bad weather, participants should call the S.O.A.R. office at (309) 434-2260 or the Bloomington Parks and Recreation HOTLINE at (309) 434-2386 after 3:00 pm to see if a program has been cancelled.

#### Typo, Human Errors, We Goofed...!?

Occasionally there may be an error in days, times, registration requirements or fees in the brochure. If so, the staff will do everything possible to correct the situation promptly. Thank you for your patience and understanding should any of these situations arise.

#### Where Are We?

We are located in the Government Center building at 115 E. Washington St., Bloomington. Visitor parking is available across the street on the corner of East and Washington Streets.

**Registration Deadline -** On-line registration begins at 7:00 am on May 2. Walk-in and mail-in registration will begin on May 3 at 9:00 am. Registration won't be accepted for a program that has already begun. Registration deadline for all special events is one week prior to the date of each event if openings are available. **Please register early; many S.O.A.R. programs fill quickly!** 

**Payment Plans -** Full payment of program fees should be included with the registration form. However, payment plans can be arranged for those individuals who need to spread their payment out over several months. Payment in full must be received in the S.O.A.R. office prior to registering for a new program session. Payments for special events must be paid in full at the time of registration. No payment plans will be set up after May 24.

**Financial Assistance Policy -** Partial financial assistance is available for those who need it in order to pay the program registration fees. Those requesting assistance need to fill out a Scholarship Request Form (available at Bloomington Parks and Recreation Office) and submit it to Nicole along with a completed registration form. Financial assistance is not provided for bowling fees or special events with contractual or admission costs. The deadline to request assistance for programs is May 24.

# **Transportation Information & Refund Procedures**





Transportation is available for some S.O.A.R. activities on a firstcome, first-served basis for \*Bloomington and Normal residents who have no other way to attend events. Car pools and the City transit system are recommended means of transportation. Please don't use transportation services as a "convenience". Many individuals have no other way to attend programs and services are limited. A minimum of five individuals per program must need transportation for these services to be provided. Programs in which transportation is available are followed by this symbol:



To receive transportation:

- Individuals needing to use door to door transportation services from SOAR must apply for this service separately for each program/event that it is available for. Applications for transportation services are available at the S.O.A.R. office.
- Transportation service is limited and this is reserved for individuals who could not otherwise participate in SOAR programs without it. If a participant has a parent or someone in the home that can drive the participant to/from programs, he/ she should NOT register for transportation. This service is not to be utilized for convenience.
- Transportation is also only available to those individuals who live within the Bloomington/Normal service area (listed below). SOAR reserves the right to cancel a participant's registration for transportation if they have access to other means of transportation or live outside of the service area in order to accommodate someone who meets eligibility.
- Before a program is scheduled to begin, individuals will be sent notification of pick-up time for transportation for each requested program in the mail. This will be mailed at the beginning of the session.
- All transportation applications and requests must be received by Friday, May 24.

Bloomington/Normal residents eligible for transportation sevice need to reside within the following geographic area: \*55 north\*, \*74/55/51 bypass west\* \*Six Points/Veteran's Parkway/Ireland Grove South\* \*Towanda Barnes Road east\*

#### **Refund Procedures**

- A full credit or refund will be issued if a program is cancelled by S.O.A.R.
- To be eligible for a requested refund, the request must be made no less than three business days prior to the start of the program.
- A refund minus a \$5 service charge will be issued to participants withdrawing from a program.
- Refunds of special event/program fees for which S.O.A.R. has incurred a cost due to ticket purchase, deposits, rentals, etc. will only be made if S.O.A.R. is given 48-hour notice and the vacancy caused by the cancellation is filled. A \$5 service charge will be deducted.
- A pro-rated refund may be given if a program is deemed inappropriate for an individual.
- Credits for future registration costs will be issued for all refunds of \$20 or less.
- Refunds will be issued by check on a monthly basis after being approved by the Bloomington City Council. Please allow at least three weeks for the processing of refunds.

#### **Questions/Information**

If there are any questions regarding eligibility, registration procedures, scholarships, transportation, or the S.O.A.R. program in general, feel free to contact the S.O.A.R. office at (309) 434-2260. TDD for the hearing impaired at (309) 829-5115. Fax: (309) 434-2483. Web site address is www.Bloomingtonparks.org/soar. Hotline: (309) 434-2386.

> nkohler@cityblm.org mrutenbeck@cityblm.org

Please...don't call/leave messages for S.O.A.R. staff at Lincoln Leisure Center. This isn't our office. All calls should go to (309) 434-2260.

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